

Herb	Pharmacological actions	Suggested uses	Directions and safety precautions
Neem <i>Azadirachta indica</i>		Detoxifier, weightloss, skin rejuvenator, blood purifier, promotes healing, malaria, tuberculosis, rheumatism, jaundice.	
Nettle <i>Urtica dioica</i>	Diuretic, expectorant, pain reliever and tonic	Good for <i>Hair loss, eczema, anaemia, headaches, migraine, symptoms of hayfever, enlarged prostate.</i> Improves goiter, inflammatory conditions and mucous conditions of the lungs.	Also called Stinging nettle Herb: Infusion Root: Decoction

NB This information is not intended to substitute a competent Health Care professionals advice or treatment.